

## MINDFUL MONDAY AUGUST 5TH

*"I am confident of this, that the one who began a good work in you will continue to complete it until the day of Jesus Christ."* Philippians 1:6

Mindful Mondays are a time of prayer and reflection. These posts were started for our church and our online community to remember that prayer is powerful, and it is important, and it is something we can all do together to make this world better. Whether we pray for our joys or concerns, we pray together. Today we pray for the end of a journey. Pastor Jason gave his last message with us, *"Saying Goodbye with Gratitude."* We return this message of gratitude and give thanks for the time Pastor Jason was with our congregation. We pray for peace and wellness along his path. We also pray for our church, for reconciliation, for understanding, for guidance, and for healing. This message may be a bit vulnerable today, but as a church we should reflect on true emotions. Please pray for our congregation as we step into a time of unknown again. May the good works of our church continue.

Lord, pray for those that are dealing with health concerns, those who are dealing with loss or suffering. We bring to you our concerns. We pray for you to help guide us.

We also lift to you our joys. Thank you for your reminders of good in the world and for blessing us.

For those on our prayer list. We lift up special prayers of healing and wellness.

We pray today for this week's churches, pastors, and ministries from our Region and beyond.

First Christian Church, Cedar Falls, IA, Robert Fread

Christian-United Methodist Church, Humeston, IA, Donna Murphy-Ceradsky

Brice Hughes, Dennis McKee, Karen Fausch

Obra Hispana – facilitates, promotes, supports' & coordinates the work of Hispanic ministries