

MINDFUL MONDAY NOVEMBER 25th

28 *“Now when these things begin to take place, stand up and raise your heads, because your redemption is drawing near.”* Luke 21:28

There will be a time when our redemption is near. We should not be afraid but lift our heads, for our faith has led us to have freedom of our sins through Jesus' sacrifice for us. We should be filled with joy and hope. Until then we can stay faithful by helping others grow in faith, finding ways to give back and help those in need, and pray for others. As we enter this week of Thanksgiving may we all find things to be thankful for, including the promise that God has given us.

We give thanks Lord, for this week where we will see friends and family and join together for meals and fellowship. May there be safe travels for all. For those that are missing family members around the table or not able to make gatherings we pray for them to have peace. We pray for those that are on our prayer list. For health, for other concerns, and for joys. We lift these all to You.

Included in this week's regional prayer calendar is our own region and former Pastor John Fairweather. We lift up all of these congregations and pastors in our prayers.

First Christian Church, Coralville, IA, Jill Cameron Michel, Laura Kittrell, Kara Seaton

Prescott United Church, Prescott, IA, Mary O'Riley

John Fairweather, Jim Cord, Dana Worrell-Jumper

Christian Church in the Upper Midwest – includes congregations in Iowa, Minnesota, North and South Dakota