## MINDFUL MONDAY SEPTEMBER 23RD

"Anyone who wants to be first must be the very last, and the servant of all." Mark 9:35

As the disciples argue over who among them is the greatest, Jesus explains that greatness does not come from having power, but from being a servant to all.

How can we do this in today's world?

Make someone feel good, be helpful, be compassionate. Pray and be connected to God. Be involved in church and the community. Be humble. Listen to others, listen to God, and be ready for when your service is needed. Be faithful.

Being a good servant does not require money or even much time. Just go be the good that the world needs. So, as we pray today, we ask God to help us be better servants. We pray for our hearts to be open to more ways to serve and show God's love to all.

Please pray for our prayer list. Pray for those in need of our prayers for illnesses and heartache. And pray and give thanks for the joys and goodness we have experienced.

The region's weekly prayer calendar includes the following churches, pastors, and ministries. Please pray for them. Downtown Disciples, Des Moines, IA, Debbie Griffin First Christian Church, Keokuk, IA, David Turner, Janel Quinlan, Brian Nixon, Cathie Courtois Randy Allman, Jia Starr Brown Christian Church in Nebraska