

MINDFUL MONDAY SEPTEMBER 9th

1 The beginning of the good news[a] of Jesus Christ.[b]

2 As it is written in the prophet Isaiah,[c]

“See, I am sending my messenger ahead of you,[d]
who will prepare your way,

3 the voice of one crying out in the wilderness:

‘Prepare the way of the Lord;
make his paths straight,’ ” Mark 1:1-3

Even when our days are filled to the brim. Even when we can't make it through dinner without heavy eyelids. Even when our body tells us to rest. We must continue to have our mind and body prepared to take You in, Lord. Yes, we need to take care of ourselves, we need to make sure we stay healthy, rested, and nourished. But Lord, having You with us, You provide us with the nourishment we need. Let the Lord's words of guidance, love, and encouragement fall from our lips. Let us share this with others.

Let us join together today and pray for all of us to always have an open heart, mind, and spirit. Let us pray for others and for our church. Let us pray for the friends and family on our prayer list and those who need our prayers. We know that You know our needs and we thank You for all You provide. Hear our prayers.

We pray for those on the weekly regional prayer calendar. Lift up these congregations, pastors, and ministries.

Drake Avenue Christian Church, Centerville, IA, Gary Brooks
Stanhope Parish, Stanhope, IA, Jim Roth
Jim Wakelin, Kristin Van Heyningen, Andrew Packman
Christian Church in Canada